



Make It A Date To Skate

February 23, 2018 to February 25, 2018

North Bay, Ontario

Gold Triathlon Women - Free Skate

Rank	Name	Club	Element Score	Prog Comp Score	Bonus	Deductions	Score
1	Cristina Lyons	King City SC,ON	28.01	14.19	0.00	0.00	42.20

#	Executed Element	Base											JREF	Score		
		Value	GOE	J2	J3	J4	J5									
1	2Lo+2Lo	3.60	0.10	-	1	0	1	-1	-	-	-	-	0	-	-	3.70
2	2A	3.30	0.17	-	0	1	1	-1	-	-	-	-	0	-	-	3.47
3	2S	1.30	0.00	-	0	0	1	0	-	-	-	-	0	-	-	1.30
4	FCCoSp3	3.00	0.17	-	0	0	1	0	-	-	-	-	1	-	-	3.17
5	2Lz+2T	3.40	0.00	-	0	0	0	0	-	-	-	-	0	-	-	3.40
6	2F+2T	3.20	-0.30	-	0	-1	-1	-1	-	-	-	-	-2	-	-	2.90
7	CCoSp1 (V)	1.70	0.00	-	1	0	0	0	-	-	-	-	0	-	-	1.70
8	2Lz	2.10	0.00	-	1	0	0	0	-	-	-	-	0	-	-	2.10
9	ChSq1	2.00	0.47	-	1	0	1	0	-	-	-	-	1	-	-	2.47
10	2F	1.90	0.00	-	1	0	0	0	-	-	-	-	0	-	-	1.90
11	FSSp1	2.00	-0.10	-	0	0	-1	0	-	-	-	-	-2	-	-	1.90

x - credit for second half, base value multiplied by 1.1
 ! - (singles & pairs) jump take-off (Flip/Lutz) with slight edge
 < - underrotated jump
 << - (singles & pairs) downgraded jump
 * - invalid element, scored as zero
 ! - (Key Points Dance) incomplete
 < - (Key Points Dance) interruption
 << - (Key Points Dance) interruption
 e - jump take-off (Flip/Lutz) with edge
 REP - repeated jump restriction
 S - (Pattern Dance Type Step Seq.) separation
 V - spin requirement not met

Program Component	Factor												Score		
Skating Skills	1.00	-	3.75	3.75	3.75	3.75	-	-	-	-	-	3.50	-	-	3.75
Transitions	0.75	-	3.75	3.50	3.75	3.50	-	-	-	-	-	3.75	-	-	2.75
Performance	1.00	-	3.50	3.50	3.50	3.50	-	-	-	-	-	3.00	-	-	3.50
Composition	0.50	-	3.50	3.75	3.50	3.25	-	-	-	-	-	3.50	-	-	1.75
Interpretation of the Music	0.75	-	3.25	3.50	3.25	3.25	-	-	-	-	-	3.25	-	-	2.44

14.19

0.00



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2	Cally Finley	Woodville FSC,ON	21.50	12.18	0.00	0.00	33.68

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		Value	GOE	J2	J3	J4	J5									
1	FSSp3	2.60	0.00	-	0	0	0	0	-	-	-	-	1	-	-	2.60
2	2Lz	2.10	-0.70	-	-1	-1	-3	-3	-	-	-	-	-3	-	-	1.40
3	2F+2T	3.20	-0.30	-	1	-1	-1	-1	-	-	-	-	-2	-	-	2.90
4	CCoSp3	3.00	0.07	-	1	1	-1	-1	-	-	-	-	0	-	-	3.07
5	1Lo	0.50	-0.27	-	-2	0	-3	-3	-	-	-	-	-3	-	-	0.23
6	ChSq1	2.00	0.23	-	1	0	0	0	-	-	-	-	1	-	-	2.23
7	1A	1.10	0.07	-	1	0	0	0	-	-	-	-	1	-	-	1.17
8	2Lz+2T	3.40	-0.30	-	-1	0	-1	-1	-	-	-	-	-1	-	-	3.10
9	2F+2Lo	3.70	-0.90	-	-2	-3	-3	-3	-	-	-	-	-3	-	-	2.80
10	FCCoSp2 (V)	2.00	0.00	-	0	0	0	0	-	-	-	-	0	-	-	2.00

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Program Component	Factor											Score		
Skating Skills	1.00	-	3.75	3.25	3.00	3.00	-	-	-	-	3.50	-	-	3.25
Transitions	0.75	-	3.75	3.00	3.00	2.75	-	-	-	-	3.25	-	-	2.31
Performance	1.00	-	3.25	3.00	2.75	2.75	-	-	-	-	2.75	-	-	2.83
Composition	0.50	-	3.50	3.25	2.75	2.75	-	-	-	-	3.25	-	-	1.54
Interpretation of the Music	0.75	-	2.75	3.00	3.00	3.00	-	-	-	-	3.00	-	-	2.25

12.18

0.00



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3	Danielle McPhee	Lake Superior FSC,ON	18.50	12.08	0.00	0.00	30.58

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		Value	GOE	J2	J3	J4	J5									
1	1A	1.10	0.00	-	1	0	0	0	-	-	-	-	0	-	-	1.10
2	2F	1.90	-0.30	-	-1	-1	-1	-1	-	-	-	-	-2	-	-	1.60
3	2Lo+2T<<	2.20	-0.90	-	-3	-3	-3	-2	-	-	-	-	-3	-	-	1.30
4	CCoSp2	2.50	0.00	-	1	0	0	0	-	-	-	-	0	-	-	2.50
5	2S+2Lo	3.10	0.00	-	-1	0	0	0	-	-	-	-	0	-	-	3.10
6	2Lz<<	0.60	-0.30	-	-3	-3	-3	-3	-	-	-	-	-3	-	-	0.30
7	FSSp3	2.60	0.00	-	-1	0	1	0	-	-	-	-	0	-	-	2.60
8	ChSq1	2.00	0.00	-	0	0	0	0	-	-	-	-	0	-	-	2.00
9	2F+2T<<	2.30	-0.80	-	-2	-3	-3	-2	-	-	-	-	-3	-	-	1.50
10	2A<<	1.10	-0.60	-	-3	-3	-3	-3	-	-	-	-	-3	-	-	0.50
11	FCCoSp2 (V)	2.00	0.00	-	0	0	0	-3	-	-	-	-	0	-	-	2.00

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Program Component	Factor												Score		
Skating Skills	1.00	-	3.00	3.00	3.50	3.25	-	-	-	-	-	2.50	-	-	3.08
Transitions	0.75	-	3.00	3.00	3.25	3.00	-	-	-	-	-	2.75	-	-	2.25
Performance	1.00	-	2.75	2.75	3.25	3.00	-	-	-	-	-	1.75	-	-	2.83
Composition	0.50	-	3.00	3.25	3.00	3.25	-	-	-	-	-	2.25	-	-	1.54
Interpretation of the Music	0.75	-	3.25	3.00	3.50	3.25	-	-	-	-	-	1.75	-	-	2.38
															12.08

0.00



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4	Ainsley Gaston	Uxbridge SC,ON	11.98	10.86	0.00	0.00	22.84

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		Value	GOE	J2	J3	J4	J5									
1	2Lo+2T<<	2.20	-0.90	-	-3	-2	-3	-3	-	-	-	-	-3	-	-	1.30
2	1A	1.10	0.00	-	0	0	0	0	-	-	-	-	0	-	-	1.10
3	2Lz<<	0.60	-0.30	-	-3	-3	-3	-3	-	-	-	-	-3	-	-	0.30
4	FSSp1	2.00	0.00	-	0	0	0	0	-	-	-	-	0	-	-	2.00
5	CCoSp4 (V)	3.00	0.00	-	0	1	0	0	-	-	-	-	0	-	-	3.00
6	2F(e)<	1.30	-0.90	-	-3	-3	-3	-3	-	-	-	-	-3	-	-	0.40
7	ChSq1	2.00	0.00	-	-1	0	0	0	-	-	-	-	1	-	-	2.00
8	1Lz	0.60	0.00	-	-1	0	0	0	-	-	-	-	0	-	-	0.60
9	2F<+REP	0.98	-0.90	-	-3	-3	-3	-3	-	-	-	-	-3	-	-	0.08
10	LSpB	1.20	0.00	-	0	0	0	0	-	-	-	-	1	-	-	1.20
															11.98	

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Program Component	Factor													Score	
Skating Skills	1.00	-	2.25	3.00	3.00	3.00	-	-	-	-	3.25	-	-	3.00	
Transitions	0.75	-	2.00	2.75	2.75	2.25	-	-	-	-	3.50	-	-	1.94	
Performance	1.00	-	2.00	2.75	2.50	2.50	-	-	-	-	2.75	-	-	2.58	
Composition	0.50	-	2.00	3.00	2.75	2.25	-	-	-	-	3.50	-	-	1.34	
Interpretation of the Music	0.75	-	2.25	2.75	3.00	2.25	-	-	-	-	3.25	-	-	2.00	
															10.86

0.00